

# Resource Guide

1000 S. Holly St. | 303-922-5649 | mcmeen.dpsk12.org



General State Information 211 Denver City Information 311 Emergencies 911 School Questions 303-922-5649

## Contents

Family Support at McMeen	2		
Denver City Support Denver Pubic Schools (DPS) Support Food Assistance Housing, Rent & Utility Assistance	4 5 6 8		
		Medical and Dental Care	10
		Clothing / Learn English	12

### **Family Support at McMeen**

We are here to help you find the support you need to ensure that your student can learn. Always call or email the teacher first. Please call the school 303-922-5649 or come in if you have questions or concerns.



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We want to share important information with you! PLEASE sign up and watch for these:



Download the app, set your language, choose your school! Watch for emails and messages on your phone.



Sign up at www.Dojo.com. You'll need to get a code from your child's teacher to join their virtual classroom and receive classroom-specific updates.

## **Family Support at McMeen**



**Every Thursday:** We give out food from 1:30-2:30 p.m. on the playground. **Every other Friday:** We send students home with food for the weekend. **Emergencies:** If you are in need of emergency food assistance, see Jean.

#### CLOTHING

**Every Thursday:** We give out clothes from 1:30-2:30 p.m. on the playground.

**Emergencies:** If you are in need of emergency clothing assistance, see Jean or Nurse Miriam.



#### CHILDCARE ASSISTANCE PROGRAM (CCAP)

Childcare support is available for low income families with documentation of legal entry into the United States.

To apply: visit Denvergov.org and search "CCAP"

## **Denver City Support**

#### CALL "211"

2-1-1 is a free helpline. When you call they speak many languages and keep your information confidential. Call when you need information about:

- Food
- Housing
- Healthcare
- English classes
- Transportation
- Employment
- Other emergencies

#### CALL "911"

9-1-1 is the emergency line in the United States that connects individuals with the fire department, the police department, and emergency medical services (such as ambulance and paramedic services). Call when:

- You are unsafe
- You see a crime
- You or someone else needs emergency medical care



## Support from Denver Public School District (DPS)

#### **Southeast Community Hub**

7125 Cherry Street North Dr | 720-424-1040

#### All Services are FREE:

- English classes
- Classes to help you become a citizen
- Food
- Clothing
- Support with applying and interviewing for jobs
- Support with getting a High School Diploma (GED)
- Utilities

#### **Homeless Education Network**

Call 720-423-1980

The district provides additional support to students who are in unstable housing. Students may be eligible for support if they are living in the following situations:

- Shelter or Transitional Housing Program
- Motel/Hotel
- You live with another family because you have lost your housing or have trouble paying rent

## **Help with Food**

Both SNAP and WIC require legal documentation by at least one person in the family.

**Supplemental Nutrition Assistance Program (SNAP)** SNAP helps low-income families buy food. SNAP eligibility is based on income. If you qualify you will receive a plastic card to pay for food.

To apply: <u>cdhs.colorado.gov/snap</u>

Nutrition Program for Women, Infants, and Children (WIC) WIC provides healthy food, nutrition education, breastfeeding guidance, and community support for women who are pregnant or postpartum, infants, and children under five years old.

To apply: <u>healthinformatics.dphe.state.co.us/WICSignUp</u>

#### **Food at School**

FREE breakfast, lunch and snacks are provided every day at school.

Students can also bring their lunches. If you're packing your child's lunch, please:

- Provide a sugar-free drink
- Pack a protein (meat, cheese, humus, nut butter, egg, etc.)
- Include a fruit or vegetable
- Avoid all sweets (candy, cookies)
- Limit chips (no large bags of chips)

#### The following locations provide FREE groceries:

**Cook Park Recreation Center** offers free groceries on the third Monday of every month from 9-11 a.m. 7100 South Cherry Creek Dr. Denver, 80224 | 303-371-9250

**Risen Christ Catholic Parish** offers free groceries on the 2nd and 4th Thursdays of every month from 3-5 p.m. Photo ID required. 3060 S. Monaco Pkwy. Denver, CO 80222 | 303-371-250

**Lowry Campus** offers free groceries on the 4th Tuesday of every month from 9-11 a.m. 1070 Alton Way Denver, CO 80230 | 303-371-9250

**Metro Caring** offers a week's supply of nutritious food once a month. Call for an appointment. 1100 East 18th Ave. Denver, CO 80203 | 303-860-7200

**Jewish Family Services** is open Tuesday, Wednesdays and Fridays from 10 a.m.-1 p.m. ID and proof of address required. 3201 S. Tamarac Dr. Denver, CO 80231 | 303-597-5000

**Crossroads Community Center** offers free groceries on Wednesdays from 4-7 p.m. and Saturdays from 9 a.m.-12 p.m. 4575 Joliet St. Denver, CO | 720-424-7480 FISH of East Denver offers food delivery. Call to see if you're eligible and to set up an appointment. 303-234-5283

**Denver Inner City Parish** offers free groceries on Saturdays from 9 a.m.-12 p.m. 1212 Mariposa | 303-629-0636



## Housing, Rent and Utility Assistance

#### Call 211 for housing available in the McMeen Area

#### Need help to pay rent? Do this:

- 1. Call the agencies listed below for emergency support
- 2. Consider roommates
- 3. Apply for TRUA (more information on the next page)

## For general housing information, call CARE Center at 303-838-1200.

Funds from the following agencies are limited. Call all of them and if they cannot help, ask them who can help you. We will do everything we can to make sure our children are not sleeping on the streets or in parks. For emergency housing support, reach out to <u>Jean\_Boylan@dpsk12.net</u>.

Emergency Housing Assistance: 729-944-4347 Samaritan House Catholic Charities: 855-777-5280 Denver Housing Authority: 720 -932-3030 Colorado Housing Connects: 844-926-6632 Salvation Army Connection Center: 303-295-3366 (for Emergency Shelters)

#### Utilities

Call the DPS Hub at 720-424-1040 for utilities assistance.

#### **Evictions in Colorado:**

Eviction is the process used to make a person follow the rules of their lease or legally force them to move out.

Landlords can evict residents if they don't pay their rent or follow the rules of their lease. This is the process:

- The landlord will give you a legal notice of eviction to the tenant (they will often tape it to the resident's door). This is a legal document and should be followed.
- After the notice expires, the landlord files a complaint with the court and has a court summons sent to the resident.
- The resident must attend court.
- The resident can be evicted within 24 hours after court.

#### Legal Help

If you need legal help, you can get free services from the below organizations: Colorado Poverty Law Project: 720-772-9762 Colorado Economic Defense Project: 303-838-1200 Colorado Affordable Legal Services: 303-996- 0010 Colorado Legal Services: 303-837-1313

#### Immigration, Residency, Citizenship Colorado Immigrant Rights Coalition: 303-318-9989

#### **Domestic Violence Help**

Call Safe House Denver's 24-hour Crisis Hotline at 303-318-9989.

#### **Temporary Rental & Utility Assistance (TRUA)**

You are eligible for TRUA Assistance ONLY after you've received a legal notice of eviction. You must include your legal notice of eviction in your TRUA application. The steps of eviction are below.

To apply: denver-trua.submittable.com/submit

Rocky Mountain Human Services 900 E Iliff Ave, Denver, CO 80231

## **Medical and Dental Care**

If you are experiencing or witnessing a medical emergency, call 911. If you are experiencing or witnessing a mental health crisis, call 988.

Most hospitals and doctors' visits in the United States are paid for by insurance. If you do not have insurance this visit can be very expensive.

Medicaid is a state-run insurance program for people with low income. It is free or low cost for ALL children under 18 and pregnant women.

To apply for medicaid go to **healthfirstcolorado.com/apply-now/** 

Free or Low Cost Hospitals for Adults and Children: Denver Health: 660 Bannock St. Denver, CO | 303-436-6000.

#### **No Insurance?**

School-Based Health Centers offer free medical and dental care for DPS students and their siblings. Call for an appointment:

- Place Bridge Academy: 7125 Cherry Creek Dr. North, 80224 | 720-424-2050.
- George Washington High School Health Clinic: 655 S. Monaco | 303-405-8958

**Tepeyac Community Health Center** provides medical, dental and behavioral care for adults and children. 2101 E. 48th Ave. Denver, CO 80216 | 303-458-5302

Salud Family Health: 303-697-2533

Clinica Hispana: 720-756-2949

#### Dental

**Kids in Need of Dentistry (KIND)**: 7190 Colorado Blvd. Commerce City, CO 80022 | Denver Contact: Bianca Naranjo, Clinic Coordinator: 720-619-5333

#### Mental Health

**Colorado Crisis Services** is a statewide resource for mental health assistance and substance abuse assistance. They can provide information and referrals. Call 844-493-8255.

**Call 988** for free, immediate mental health support, 24 hours a day, 7 days a week, English/Spanish.

## Clothing

**Clothes to Kids of Denver** offers free children's clothing; call for an appointment. 2890 S. Colorado Blvd. Denver, CO 80222 | 720-379-4630

**ARC Thrift Stores** offers adult and children's clothing at low prices. 1515 S. Broadway, Denver, CO 80210 | 303-777-3703 and 7150 Leetsdale Dr. Denver, CO 80224 | 720-736-8978

## Learn English

**Southeast Community Hub** offers in-person and online classes. 7125 Cherry Creek Dr. N, Denver, CO 80224 | 720-424-1040

**Emily Griffith Technical College** offers English as a second language class online and in-person. 1860 Lincoln Street, Denver, CO 80203 | 720-423-4750

McMeen English classes: 303-922-5649



We want your child to learn and be successful! We are here for you!

If you have questions or concerns, stop in to speak with Jean any time.

If you need help with translation or interpretation come into the school. We have support in many languages.